

June 1, 2022

SUPPORTING THE 2022 ANNUAL FUND

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Racial Equity, Diversity and Inclusion (REDI)

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Dear HGPS Member,

We need your help! HGPS wants to continue bringing enhanced group psychotherapy training to the Houston Community, and we trust that you, too, share our passion for group. In order to continue offering our Annual Institute, Brown Bags (soon to be offered alternately on Thursday evenings and Friday afternoons), the Core Principles Course in Group Psychotherapy, and collaborations with other Houston organizations, we'll say it again, we need your help! We ask that you please consider contributing to the Annual Fund this year. Renewing your membership keeps you connected to HGPS, but giving to the Annual Fund is an important demonstration of your support and commitment to an organization that provides so much to each of its members, and the community.

Once again, HGPS has ridden the ongoing pandemic rollercoaster through a turbulent year of highs and lows. Although we continue to struggle with COVID fatigue and Zoom burnout, we've also rallied to offer our HGPS community meaningful learning opportunities to enhance our collective knowledge. Together we offered our Core Principles in Group Psychotherapy in February, four Brown Bag presentations throughout the year, and our Annual Institute in April, to name just a few highlights.

Our community continues to wrestle with health crises, to fight injustice and inequalities and to strive to make HGPS a welcoming community for all group clinicians in the Houston area. It has not been easy and has taken a village of dedicated participants to keep us moving forward. With the passing of the second anniversary of the George Floyd murder, we remain committed to actively addressing racial injustice and inequity, inclusion and diversity, and our REDI ad hoc committee has dedicated their efforts at bringing these issues to the forefront of our organization and community. We remain committed to this work.

Another standout committee was our Institute subcommittee—the Board really worried that this annual event might not happen when last year's Institute Committee Chair had to unexpectedly step away. Returning and newly dedicated Institute Committee members rallied to bring us an excellent online Institute Keynote speaker, Jane Okech, PhD, who presented "Transforming Group Leadership: The Intersection Between Ethical Practice, Leader Identity and the Power of the Here-And-Now." Dr. Okech was an engaging, passionate and insightful presenter, and rejuvenated participants with her passion for group work. Hopefully this time next year we will be back in person with the Annual Institute in the format we once so enjoyed and took for granted. In fact, our July Brown Bag will be in person at the Council, once again! Hope you'll join us!



An exciting new addition to the HGPS website is the blog Groupology, described as “a blog authored by members of the HGPS community, dedicated to understanding the value of group psychotherapy as a dynamic and effective way of treating a myriad of health challenges.” Check out these timely blogs on www.hgps.org! We hope you’ll contribute!

We want to bring these and more opportunities to you, but to do so—yep, you guessed it!—we need your help! You can contribute by mail with the enclosed form below, or visit our website to contribute online: <http://www.hgps.org/support-hgps/annual-fund>.

Thank You!

Brittany Burch, LCSW-S, LCDC, CGP
HGPS Second Vice President

Micki Grimland, LCSW, ACSW
HGPS Development Committee Chair

Yes! I want to be an important part of the HGPS Year 2022 Annual Fund.

I am proud to commit as a:

Supporter (\$50): At this level of giving you will receive recognition as a Supporter at the Annual Institute and throughout the year on the HGPS website.

Benefactor (\$125): At this level of giving you will receive recognition as a Benefactor at the Annual Institute and throughout the year on the HGPS website.

Patron (\$250): At this level of giving you will receive recognition as a Patron at the Annual Institute and throughout the year on the HGPS website.

Other \$ _____

My preferred method of payment is:

The enclosed check payable to Houston Group Psychotherapy Society.

The credit card information listed below:

Name: _____ Credit Card # _____

Exp. Date: _____ CVV: _____ Zip Code: _____

Yes, you may recognize me as an HGPS Annual Fund contributor in printed materials and on the HGPS website.

Name & Title as you would like it published: _____

No, please do not recognize me as an HGPS Annual Fund contributor in printed materials or the HGPS website.