

Annual Institute
April 26th - 27th, 2019

**Desires to Lead:
Perils and Passions**
presented by
Karen Travis, LCSW, BCD, CGP, FAGPA

**Ethics Workshop:
Do We Have Fantasies,
or Do They Have Us?**
*Ethics and the Imagination in
Psychotherapy*
presented by
Sean Fitzpatrick, PhD, LPC

**One and Two Day
Specific Interest Groups
and Process Groups**
Up to 15.5 CEU's and CME's available

Location:
The Council on Recovery
303 Jackson Hill St.
Houston TX 77007

**Register online at hgps.org
or scan the code with your phone**



Karen Travis, LCSW, BCD, CGP, FAGPA



Karen S. Travis is a licensed clinical social worker, board certified diplomat in clinical social work and a certified group psychotherapist. She graduated with an MSW in 1980, did agency work until 1992 when she opened a private practice.

Post graduate school she earned a certificate in Gestalt Therapy. She was an adjunct faculty at the LSU school of social work for 9 years and taught Advanced Group Treatment. Currently along with a full time private practice she is a contract group therapist at Jefferson Oaks Behavioral Health, runs and teaches group at the OLOL Psychiatric Residency Program, and supervises new professionals for LCSW licensure.

Karen has served on many committees and board of directors both locally and nationally. She is a fellow in the American Group Psychotherapy Association. Currently is incoming chair of the Group Foundation for Advancing Mental Health, a long time and active member of The National Association of Social Workers, Louisiana Group Psychotherapy Society and The American Group Psychotherapy Association. Intrigued by group therapy since her late teens when she took her first group treatment class in undergrad social work school, she has lead groups for 34 years and worked with individuals, families and couples.

She presents at conferences locally, nationally and internationally. Most recently she presented at the International Group Therapy conference in Croatia.

Overview of Featured Topic

Desires to Lead: Perils and Passions

Leadership abounds with rewards and challenges. It may create competition and also may present opportunities for growth that we would not have had otherwise. We may open ourselves to criticism, possibly burn out, and need to manage angry and hurt feelings.

Exploring our family of origin, our personal history of leadership, our mentors and models are ways to tap into our desires and decisions to lead. We will also consider our fears that may block us from leadership, and our passions that compel us into leadership? In this conference we will explore, share and learn together as a group. Please join us.

Learning Objectives

1. Identify what compels them to be in or seek leadership positions
2. Evaluate what personal impact they want to make as leaders
3. Trace family of origin positions of leadership
4. Explore their life cycle of leadership: past present and desires beyond
5. Cite restraints and excitements about being a leader and/or follower

2019 Ethics Presentation

Thursday, April 25th - 6-9pm

Light Dinner Served at 5:30pm



Sean Fitzpatrick, PhD, LPC, is the executive director of The Jung Center. He has master's degrees in religious studies and clinical psychology, and he completed his doctorate in psychology, with a concentration in Jungian studies, at Saybrook University. He is also a psychotherapist in private practice. He lectures internationally, and his first book, *The Ethical Imagination*, is under contract with Routledge. He is a senior fellow of the American Leadership Forum.

Ethics Overview: Are there right and wrong ways to imagine; things we should or should not feel, think, desire? Our greatest innovations, works of art and acts of compassion emerge from the human imagination; as do our horrific atrocities. The imagination is not a tool at our ready disposal, to direct as we will. How we imagine matters.

Therapists work in an intersubjective imaginal field. Jung suggested that, "Every psychic process is an image and an imagining." Our imaginations fill with the experiences, conscious and unconscious, of our clients. Those experiences interact with our own in ways that are mysterious and as potentially destructive as they are potentially transformative - for them and for us. Our imaginings of our clients, our fantasies of and with them, come unbidden. Rather than attempting to ignore or control those fantasies, however, we can learn how to host them in ways that honor the potential for growth and healing in both client and therapist. In this workshop, we will use lecture, film, and discussion to explore the ethical dimension of the imagination in the practice of psychotherapy.

2019 Institute Sponsorship

HGPS gratefully acknowledges and appreciates the generous support of our corporate and membership supporters. Please see the HGPS website (www.hgps.org) for a complete list.

2019 Sponsorship Opportunities

Exclusive HGPS Honored Patron – \$1,500.00

HGPS Distinguished Underwriters (one of each available)

Friday Lunch Sponsor – \$1,000.00

Friday Ice Cream Social Sponsor – \$1,000.00

Saturday Breakfast Sponsor – \$1,000.00

Saturday Lunch Sponsor – \$1,000.00

HGPS Program Exhibitor (limited availability) – \$750.00

Psychodynamic Process Groups

These small groups provide participants an environment in which to obtain, expand and retain their skills in conducting group therapy using a psychodynamic model. In three 90 minute sessions over the two day Institute, participants will move through three phases of group and will explore the impact of the process on group norms, boundaries, goals and defenses. These are training groups and not personal psychotherapy groups. Groups are experiential in nature, meaning participants are invited to express personal thoughts and feelings as they are experienced.

Specific Interest Groups

These groups offer intensive learning about specific theories and approaches in group treatment. Registrants can pursue current interests in greater depth or learn ways of integrating new approaches and methods into their work. Most of the specific interest sections have extensive experiential components. Groups are experiential in nature, meaning participants are invited to express personal thoughts and feelings as they are experienced.

Houston Group Psychotherapy Society

Mission Statement

HGPS is the organizational and professional voice for the multidisciplinary mental health community trained in the practice of group psychotherapy. While adhering to the highest standards of excellence, HGPS offers unique opportunities for educational growth and for expanding knowledge of the many facets of group psychotherapy from fundamental group concepts to advanced practical skills.

HGPS is an Affiliate of the American Group Psychotherapy Association. HGPS membership is open to mental health clinicians, researchers, students, and trainees. Join HGPS today by downloading the application and referral forms from hgps.org.

2019 Training Opportunities

Additional CEU programs and those below are offered throughout the year and are posted at www.hgps.org.

Principles of Group Psychotherapy Course

Ongoing Process Groups

Bi-Monthly CEU Events

Consultation Groups

To register or inquire contact Amy Matthews at 713-668-2680.

2019 Institute Schedule

Friday, April 26th, 2019

- 8:15 Welcome Announcements
Plenary: Helen Chong, LCSW-S, CGP
- 8:20 Info & Announcements
- 8:30 Karen Travis, LCSW, BCD, CGP, FAGPA
"Desires to Lead: Perils and Passions - Part 1"
- 10:30 Break
- 10:45 Process Group/Specific Interest Group
- 12:15 Lunch Provided
- 1:30 Awards, Raffles, Sponsors, Announcements
- 2:00 Karen Travis, LCSW, BCD, CGP, FAGPA
"Desires to Lead: Perils and Passions - Part 2"
- 4:00 Break
- 4:15 Process Group/Specific Interest Group
- 5:45 Conclusion for the Day

Saturday, April 27th, 2019

- 8:15 Welcome and Announcements
- 8:30 Karen Travis, LCSW, BCD, CGP, FAGPA
"Desires to Lead: Perils and Passions - Part 3"
- 10:30 Break
- 10:45 Process Group/Specific Interest Group
- 12:15 Lunch Provided
- 1:30 Awards, Raffles, Sponsors, Announcements
- 2:00 Karen Travis, LCSW, BCD, CGP, FAGPA
"Desires to Lead: Perils and Passions - Part 4"
- 4:00 Closing and Evaluations
- 4:15 HGPS Annual Business Meeting

All Process Groups will meet for two sessions Friday and one Saturday.

Psychodynamic Process Group Leadership

When registering you agree to attend all sessions with the group you signed up with.

I. Group One Leader

Linda Chase, LMSW, CGP & Paul LePhuoc, PhD, CGP

II. Group Two Leaders

Jamie Cool, LCSW, CGP & Audrey Ryman-Watson, LCSW, CGP

III. Group Three Leaders

Nanine Ewing, PhD, BC-DMT, LMFT, CGP, FAGPA & Robert Hilliker, LCSW-S, LCDC

IV. Group Four Leaders

Richard Newman, LPC, LCSW, LMFT, LCDC, CGP, FAGPA & Drew Krieger, LCSW, LCDC

Two Day Specific Interest Groups

All Process Groups and two day Specific Interest Groups must attend for 2 sessions Friday and 1 session on Saturday. If you cannot attend both day sessions, register for a 1 day Specific Interest session.

V. Group Support for Trauma Recovery

Terry Fassih, PhD, FAED, CEDS & Noblet Davidson, LCSW, CGP

Trauma is pervasive in our society and people who have experienced it are deeply affected in their experience of life and their ability to cope. There are many specialized treatments being offered, but a critical first step in dealing with trauma is education. We have found that even people who are in individual treatment for trauma still benefit from a foundational psychoeducational group that helps them define their trauma, understand their symptoms and evaluate treatment options. This information empowers them to set their own course for recovery with hope and understanding. The relationships they form with fellow group members provides powerful support and sense of community.

VI. Care for the Clinician

Merilee Minshew, LPC

Caring for ourselves while caring for others is essential for clarity and personal peace. Art-making to process countertransference, untangle complex feelings, and gain clarity can be cathartic, enlightening, and fun! After a short discussion we will make art and close with sharing the work and awarenesses. No artistic experience necessary.

VII. Using Psychodrama Techniques in Process Group

Jana Rosenbaum, LCSW, CGP & Guy Bender, LPC

Psychodrama is an experiential role playing method of group psychotherapy in which clients use role-playing and self-presentation to investigate and gain insight into their inner world. Psychodrama helps the individual have an encounter with the self to see and experience what is carried within the mind and body. This group experience will offer concrete tools and skills to enhance a group psychodynamic process.

VIII. Dynamics in Group Consciousness

Nanette Tashnek MSW, D.PSc

This course will identify the basic theory and core model of Ahsen's Eidetic Image Psychology and psychotherapy. It will include an experiential group process, group interventions, and individual imagery interventions that participants can utilize in their practices. The course will include educational handouts, copies of images, and a brief overview of how to apply imagery work with their clients. There will be time for questions, feedback, and evaluations.

One Day Specific Interest Group

Friday

Psychotropic Medication and Psychotherapy: A Dynamic Triangle

Aaron H. Fink, MD, FAGPA, CGP

Many patients are treated with both medications and psychotherapy. The value and limitations of pharmacotherapy will be discussed. The psychodynamics of psychotropic medication and concurrent treatment by a psychotherapist and psychiatrist will be explored. I will also discuss practical ways to facilitate collaboration between psychotherapist, psychiatrist and patient.

Saturday

Adventures of the Mind: Bringing Mentalizing to Life

Jennifer Markey, PhD, MEd, CGP

Come join us as we creatively explore our minds! This group will take participants on an experiential tour of mentalizing. Through a series of experiential exercises, we will demystify the concept of mentalizing and give participants some ideas for integrating mentalizing into their clinical practice.

2019 Institute Faculty

Guy Bender, LPC

Linda Chase, LCSW, CGP

Jamie Cool, LCSW, CGP

Noblet Davidson, LCSW, CGP

Nanine Ewing, PhD, BC-DMT, LMFT, CGP, FAGPA

Terry Fassihi, PhD, FAED, CEDS

Aaron H. Fink, MD, FAGPA, CGP

Robert Hilliker, LCSW-S, LCDC

Drew Krieger, LCSW, LCDC

Paul LePhuoc, PhD, CGP

Jennifer Markey, PhD, MEd, CGP

Merilee Minshew, LPC

Richard Newman, LPC, LCSW, LMFT, LCDC, CGP, FAGPA

Jana Rosenbaum, LCSW, CGP

Audrey Ryman-Watson, LCSW, CGP

Nanette Tashnek MSW, D.PSc

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Erika Sosa, LMSW, LCDC

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association, Center for Psychoanalytic Studies and Houston Group Psychotherapy Society. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians. The American Psychoanalytic Association designates this Live Activity for a maximum of [number of credits] AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Fee Schedule

	HGPS		Students	Agency (3+ persons registered together)
	Members	Non-Members		
Pre-registration for attendees of the 2018 One Day Conference				Contact Amy Matthews at 713-668-2680
Ethics	\$105	\$120	\$65	\$70
1 Day Institute	\$175	\$210	\$70	
Ethics & 1 Day Institute	\$255	\$295	\$125	
2 Day Institute	\$285	\$335	\$110	\$215
Ethics & 2 day Institute	\$335	\$385	\$135	\$255
Early Bird Registration				
Ethics	\$115	\$130	\$75	\$100
1 Day Institute	\$185	\$220	\$80	
Ethics & 1 Day Institute	\$265	\$305	\$135	
2 Day Institute	\$295	\$345	\$120	\$260
Ethics & 2 Day Institute	\$345	\$395	\$145	\$300
Online registration <u>AFTER</u> to March 25, 2019				
Ethics	\$135	\$155	\$85	\$115
1 Day Institute	\$200	\$235	\$95	
Ethics & 1 Day Institute	\$275	\$330	\$140	
2 Day Institute	\$310	\$370	\$130	\$270
Ethics & 2 day Institute	\$360	\$410	\$155	\$315

- Volunteers attend free. If you are interested in volunteering call Amy Matthews at 713-668-2680.
- Scholarship available. Please apply online at HGPS.org.