

Annual Institute
April 26th - 27th, 2019

**Reflections on the Faces
of Narcissism:**

**The Impact on Group Therapists
and Group Members**

presented by

Nina W. Brown, Ed.D., LPC, NCC, FAGPA

Ethics Workshop:

**Do We Have Fantasies,
or Do They Have Us?**

**Ethics and the Imagination in
Psychotherapy**

presented by Sean Fitzpatrick, PhD, LPC

**One and Two Day
Specific Interest Groups
and Process Groups**

Up to 15.5 CEU's available

Location:

**The Council on Recovery
303 Jackson Hill St.
Houston TX 77007**

**Register online at hgpps.org
or scan the code with your phone**



Nina W. Brown, EdD, LPC, NCC, FAGPA



Nina W. Brown, EdD, LPC, NCC, FAGPA, is a Licensed Professional Counselor (LPC), a Nationally Certified Counselor (NCC), and a Fellow of the American Group Psychotherapy Association (FAGPA). She has additional training in group psychotherapy from the Mid-Atlantic Group Psychotherapy Society and the American Group Psychotherapy Association. Her specialties are group counseling/therapy, psychoeducational groups, counseling theories and

destructive narcissism. Dr. Brown is serving as the past-president of The Society of Group Psychology and Group Psychotherapy, President of the Group Specialty Council, past secretary and board member of AGPA, has served as treasurer and president of MAGPS, and is a current member of NBCC's test development committee for the NCE.

Dr. Brown is the author of over 34 published books and over 40 nationally refereed journal articles. Books published include: Psychoeducational Groups (4th edition), Conducting Effective Psychoeducational Groups, Becoming a group leader, The Destructive Narcissistic Pattern, Uptight And In Your Face, Dead End Lovers, Children Of The Self-absorbed (2nd ed.), Coping with Infuriating, Mean, Critical People, Loving the Self-absorbed, Working with the Self-absorbed, and Whose Life Is It Anyway. Several books have been translated into other languages.

Overview of Featured Topic

**Reflections on the Faces of Narcissism:
The Impact on Group Therapists and Group Members**

Interactions and relationships in groups are often influenced by the unconscious and often unknown selves of the group members and leaders that can be reflective of undeveloped or destructive narcissism. The presentation will describe the behaviors and attitudes that illustrate a Destructive Narcissistic Pattern (DNP) which is conceptualized as a subclinical manifestation of the Narcissistic Personality Disorder (NPD) where the behaviors and attitudes displayed are fewer and may be less intense than those for the diagnosis of NPD. There will be an emphasis on observing and understanding the hidden DNP and its impact and potentially harmful effects on relationships both in and out of the group for group members and for the leader. The theoretical writings from O. Kernberg, M. Mahler, H. Kohut, and R. Stolorow are used to describe the DNP and to provide a definition for healthy adult narcissism.

Learning Objectives

1. Learn a sub-clinical description for a Destructive Narcissistic Pattern (DNP) of behaviors and attitudes.
2. Increase awareness of how aspects of your personal behaviors and attitudes reflects undeveloped narcissism and healthy adult narcissism for group members and for the leader.
3. Describe how the group leader's DNP can affect the group and the members.
4. Learn how to identify empathic failures and to facilitate empathic failure repairs in the group.

2019 Ethics Presentation



Thursday, April 25th - 6-9pm

Light Dinner Served at 5:30pm

Sean Fitzpatrick, PhD, LPC, is the executive director of The Jung Center. He has master's degrees in religious studies and clinical psychology, and he completed his doctorate in psychology, with a concentration in Jungian studies, at Saybrook University. He is also a psychotherapist in private practice. He lectures internationally, and his first book, *The Ethical Imagination*, is under contract with Routledge. He is a senior fellow of the American Leadership Forum.

Ethics Overview: Are there right and wrong ways to imagine; things we should or should not feel, think, desire? Our greatest innovations, works of art and acts of compassion emerge from the human imagination; as do our horrific atrocities. The imagination is not a tool at our ready disposal, to direct as we will. How we imagine matters.

Therapists work in an intersubjective imaginal field. Jung suggested that, "Every psychic process is an image and an imagining." Our imaginations fill with the experiences, conscious and unconscious, of our clients. Those experiences interact with our own in ways that are mysterious and as potentially destructive as they are potentially transformative - for them and for us. Our imaginings of our clients, our fantasies of and with them, come unbidden. Rather than attempting to ignore or control those fantasies, however, we can learn how to host them in ways that honor the potential for growth and healing in both client and therapist. In this workshop, we will use lecture, film, and discussion to explore the ethical dimension of the imagination in the practice of psychotherapy.

2019 Institute Sponsorship

HGPS gratefully acknowledges and appreciates the generous support of our corporate and membership supporters. Please see the HGPS website (www.hgps.org) for a complete list.

2019 Sponsorship Opportunities

Exclusive HGPS Honored Patron - \$1,500.00

HGPS Distinguished Underwriters (one of each available)

Friday Lunch Sponsor - \$1,000.00

Friday Ice Cream Social Sponsor - \$1,000.00

Saturday Breakfast Sponsor - \$1,000.00

Saturday Lunch Sponsor - \$1,000.00

HGPS Program Exhibitor (limited availability) - \$750.00

Psychodynamic Process Groups

These small groups provide participants an environment in which to obtain, expand and retain their skills in conducting group therapy using a psychodynamic model. In three 90 minute sessions over the two day Institute, participants will move through three phases of group and will explore the impact of the process on group norms, boundaries, goals and defenses. These are training groups and not personal psychotherapy groups. Groups are experiential in nature, meaning participants are invited to express personal thoughts and feelings as they are experienced.

Specific Interest Groups

These groups offer intensive learning about specific theories and approaches in group treatment. Registrants can pursue current interests in greater depth or learn ways of integrating new approaches and methods into their work. Most of the specific interest sections have extensive experiential components. Groups are experiential in nature, meaning participants are invited to express personal thoughts and feelings as they are experienced.

Houston Group Psychotherapy Society

Mission Statement

HGPS is the organizational and professional voice for the multidisciplinary mental health community trained in the practice of group psychotherapy. While adhering to the highest standards of excellence, HGPS offers unique opportunities for educational growth and for expanding knowledge of the many facets of group psychotherapy from fundamental group concepts to advanced practical skills.

HGPS is an Affiliate of the American Group Psychotherapy Association. HGPS membership is open to mental health clinicians, researchers, students, and trainees. Join HGPS today by downloading the application and referral forms from hgps.org.

2019 Training Opportunities

Additional CEU programs and those below are offered throughout the year and are posted at www.hgps.org.

Principles of Group Psychotherapy Course

Ongoing Process Groups

Bi-Monthly CEU Events

Consultation Groups

To register or inquire contact Amy Matthews at 713-668-2680.

2019 Institute Schedule

Friday, April 26th, 2019

- 8:15 Welcome Announcements
Plenary: Helen Chong, LCSW-S, CGP
- 8:20 Info & Announcements
- 8:30 Nina W. Brown, EdD, LPC, NCC, FAGPA,
"Reflections on the Faces of Narcissism; Part 1"
- 10:30 Break
- 10:45 Process Group/Specific Interest Group
- 12:15 Lunch Provided
- 1:30 Awards, Raffles, Sponsors, Announcements
- 2:00 Nina W. Brown, EdD, LPC, NCC, FAGPA,
"Reflections on the Faces of Narcissism; Part 2"
- 4:00 Break
- 4:15 Process Group/Specific Interest Group
- 5:45 Conclusion for the Day

Saturday, April 27th, 2019

- 8:15 Welcome and Announcements
- 8:30 Nina W. Brown, EdD, LPC, NCC, FAGPA,
"Reflections on the Faces of Narcissism; Part 3"
- 10:30 Break
- 10:45 Process Group/Specific Interest Group
- 12:15 Lunch Provided
- 1:30 Awards, Raffles, Sponsors, Announcements
- 2:00 Nina W. Brown, EdD, LPC, NCC, FAGPA,
"Reflections on the Faces of Narcissism; Part 4"
- 4:00 Closing and Evaluations
- 4:15 HGPS Annual Business Meeting

All Process Groups will meet for two sessions Friday and one Saturday.

Psychodynamic Process Group Leadership

When registering you agree to attend all sessions with the group you signed up with.

I. Group One Leader

Linda Chase, LMSW, CGP & Paul LePhuoc, PhD, CGP

II. Group Two Leaders

Jamie Cool, LCSW, CGP & Audrey Ryman-Watson, LCSW, CGP

III. Group Three Leaders

Nanine Ewing, PhD, BC-DMT, LMFT, CGP, FAGPA & Robert Hilliker, LCSW-S, LCDC

IV. Group Four Leaders

Richard Newman, LPC, LCSW, LMFT, LCDC, CGP, FAGPA & Drew Krieger, LCSW, LCDC

Two Day Specific Interest Groups

All Process Groups and two day Specific Interest Groups must attend for 2 sessions Friday and 1 session on Saturday. If you cannot attend both day sessions, register for a 1 day Specific Interest session.

V. Group Support for Trauma Recovery

Terry Fassihi, PhD, FAED, CEDS & Noblet Davidson, LCSW, CGP

Trauma is pervasive in our society and people who have experienced it are deeply affected in their experience of life and their ability to cope. There are many specialized treatments being offered, but a critical first step in dealing with trauma is education. We have found that even people who are in individual treatment for trauma still benefit from a foundational psychoeducational group that helps them define their trauma, understand their symptoms and evaluate treatment options. This information empowers them to set their own course for recovery with hope and understanding. The relationships they form with fellow group members provides powerful support and sense of community.

VI. Care for the Clinician

Merilee Minshew, LPC

Caring for ourselves while caring for others is essential for clarity and personal peace. Art-making to process countertransference, untangle complex feelings, and gain clarity can be cathartic, enlightening, and fun! After a short discussion we will make art and close with sharing the work and awarenesses. No artistic experience necessary.

VII. Using Psychodrama Techniques in Process Group

Jana Rosenbaum, LCSW, CGP & Guy Bender, LPC

Psychodrama is an experiential role playing method of group psychotherapy in which clients use role-playing and self-presentation to investigate and gain insight into their inner world. Psychodrama helps the individual have an encounter with the self to see and experience what is carried within the mind and body. This group experience will offer concrete tools and skills to enhance a group psychodynamic process.

VIII. Dynamics in Group Consciousness

Nanette Tashnek MSW, D.PSc

This course will identify the basic theory and core model of Ahsen's Eidetic Image Psychology and psychotherapy. It will include an experiential group process, group interventions, and individual imagery interventions that participants can utilize in their practices. The course will include educational handouts, copies of images, and a brief overview of how to apply imagery work with their clients. There will be time for questions, feedback, and evaluations.

One Day Specific Interest Group

Friday

Psychotropic Medication and Psychotherapy: A Dynamic Triangle

Aaron H. Fink, MD, FAGPA, CGP

Many patients are treated with both medications and psychotherapy. The value and limitations of pharmacotherapy will be discussed. The psychodynamics of psychotropic medication and concurrent treatment by a psychotherapist and psychiatrist will be explored. I will also discuss practical ways to facilitate collaboration between psychotherapist, psychiatrist and patient.

Saturday

Adventures of the Mind: Bringing Mentalizing to Life

Jennifer Markey, PhD, MEd, CGP

Come join us as we creatively explore our minds! This group will take participants on an experiential tour of mentalizing. Through a series of experiential exercises, we will demystify the concept of mentalizing and give participants some ideas for integrating mentalizing into their clinical practice.

2019 Institute Faculty

Guy Bender, LPC

Linda Chase, LCSW, CGP

Jamie Cool, LCSW, CGP

Noblet Davidson, LCSW, CGP

Nanine Ewing, PhD, BC-DMT, LMFT, CGP, FAGPA

Terry Fassihi, PhD, FAED, CEDS

Aaron H. Fink, MD, FAGPA, CGP

Robert Hilliker, LCSW-S, LCDC

Drew Krieger, LCSW, LCDC

Paul LePhuoc, PhD, CGP

Jennifer Markey, PhD, MEd, CGP

Merilee Minshew, LPC

Richard Newman, LPC, LCSW, LMFT, LCDC, CGP, FAGPA

Jana Rosenbaum, LCSW, CGP

Audrey Ryman-Watson, LCSW, CGP

Nanette Tashnek MSW, D.PSc

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Fee Schedule

	HGPS		Students	Agency (3+ persons registered together)
	Members	Non-Members		
Pre-registration for attendees of the 2018 One Day Conference				Contact Amy Mathews at 713-668-2680
Ethics	\$105	\$120	\$65	\$70
1 Day Institute	\$175	\$210	\$70	
Ethics & 1 Day Institute	\$255	\$295	\$125	
2 Day Institute	\$285	\$335	\$110	\$215
Ethics & 2 day Institute	\$335	\$385	\$135	\$255
Early Bird Registration				
Ethics	\$115	\$130	\$75	\$100
1 Day Institute	\$185	\$220	\$80	
Ethics & 1 Day Institute	\$265	\$305	\$135	
2 Day Institute	\$295	\$345	\$120	\$260
Ethics & 2 Day Institute	\$345	\$395	\$145	\$300
Online registration AFTER to March 25, 2019				
Ethics	\$135	\$155	\$85	\$115
1 Day Institute	\$200	\$235	\$95	
Ethics & 1 Day Institute	\$275	\$330	\$140	
2 Day Institute	\$310	\$370	\$130	\$270
Ethics & 2 day Institute	\$360	\$410	\$155	\$315

- Volunteers attend free. If you are interested in volunteering call Amy Mathews at 713-668-2680.
- Scholarship available. Please apply online at HGPS.org.