



Newsletter

Spring 2017

OFFICERS/EXECUTIVE COMMITTEE

PRESIDENT – Jana Rosenbaum, LCSW
FIRST VICE PRESIDENT – Helen Chong, LCSW
SECOND VICE PRESIDENT – Andrew Krieger
THIRD VICE PRESIDENT – Mara Gittess, MEd, LPC
TREASURER – Jean Dixon, MS, LPC
SECRETARY – Becky Stidham, LCSW
PARLIAMENTARIAN – Linda Blume, LCSW, LMFT, CGP, LFAGPA
PAST PRESIDENT – Linda Chase, LCSW

COMMITTEE CHAIRS

INSTITUTE COMMITTEE – Jamie Cool, LCSW, RYT, Lucid Body Instructor
MEMBERSHIP COMMITTEE – Valorie George, LCSW
EDUCATION COMMITTEE – Connie Moore, MEd, LPC, CGP
LEADERSHIP DEVELOPMENT COMMITTEE – Elyssa Fink, LCSW
DEVELOPMENT COMMITTEE – Robert Hilliker, LCSW, LCDC and Audrey Ryman, LCSW, CGP
FINANCE COMMITTEE – Jean Dixon, MS, LPC
PUBLICATIONS COMMITTEE – Jia Wang, MD
NEWSLETTER EDITOR – Charisse Ferrer, LPC-I
CONTINUING EDUCATION – Beverly Du, MD, MPH

AD HOC COMMITTEES

COMMUNITY OUTREACH – Aaron Fink, MD, FAGPA, CGP
SPECIAL INTEREST GROUPS – Tom Carter, PhD, MTh, LPC, CGP

ADVISORY BOARD

APPOINTED – Sandy Jackson, LCSW
ELECTED – Paul LePhouc, PhD and Jennifer Markey, PhD and William Moore, MD
CONTINUING TERM – Richard Newman, MEd, LPC, LCSW, LMFT, LCDC and Josephine Cunningham Tervalon, LFAGPA, CGP, CPC



HGPS Annual Institute

Houston Group Psychotherapy Society (HGPS) is hosting their Annual Institute April 20-22, 2017, with Keynote Speaker Susan Gantt, Ph.D., ABPP, CGP, DFAGPA, FAPA, presenting “Systems-Centered Therapy (SCT) and Its Interpersonal Neurobiology: Lowering Scapegoating and Developing our Social Brains.” Thomas Stone, Jr., Ph.D, CGP, FAGPA, will present a 3 hours ethics course on “What About When It’s Not Face-2-Face: A Group Dialogue About Ethics in the Virtual World.” The Institute will also feature several process and special-interest groups. Institute Chair Jamie Cool, LCSW, and Co-Chair Mara Gittess, LPC, have done an amazing job leading their committee of hard workers to organize this event.



HGPS is busy preparing to host the 2018 AGPA Conference.

The Local Task Force consists of Committee Chairs Jana Rosenbaum, Helen Chong, LCSW, CGP, Aaron Fink, Jeanne Pasternak, Paul LePhouc, Ph.D., Linda Chase, LCSW, CGP, Advisor Patricia Barth, and over 20 volunteers.

HGPS GROUP CIRCLE

As **Chair of Leadership Development, Elyssa Fink Gottheim, LCSW**, has organized key networking events throughout the year, including Meet and Greets and Salons. Our January Salon and Open House featured Certified Sex Therapist Emily deAyala, MA, LPC, LMFT, of Revive Therapy, presenting Sex Therapy 101: What Mental Health Professionals Need to Know. Elyssa is also organizing a team of HGPS members to walk in the National Alliance on Mental Illness (NAMI) Walk in Houston on May 6th. NAMI sponsors walk across the United States to raise awareness about mental illness and to raise funding to support their mission.

Connie Moore, LPC, CGP, Training and Education Chair, continues to provide a rich array of advanced group training through HGPS Friday Brown Bags. In January, Elizabeth Knight, LCSW, CGP, and Raymond Lewis, ACSW, LMFT, led an experiential training entitled AK Rice, Group-as-a-Whole, Tavistock...Confusion Abounds. Brown Bags will resume after the Institute.

Bill Prasad, LPC, CTS, LCDC, recently finished a certification course at the University of Houston Downtown which focused on the study of leadership. The university teaches a "servant leadership" philosophy which helps with management and clinical practice management and skills.

Vicki Tidwell Palmer, LCSW, CSAT, SEP, published her first book, *Moving Beyond Betrayal: The 5- Step Boundary Solution for Partners of Sex Addicts*. *Moving Beyond Betrayal* was the #1 selling book for Central Recovery Press in 2016, and #1 New Release in Sexual Health Recovery and Substance Abuse Recovery.

HGPS continues to provide experiential and didactic group psychotherapy training to students and residents of Baylor College of Medicine and University of Texas Medical School. HGPS Faculty includes Patricia Barth, PHD, CGP, DLFAGPA, LMFT; Travis Courville, LCSW, FAGPA, CGP; Aaron Fink; Franklin Gittess, MD; Cindy Hearne, PhD, CGP; Elizabeth Knight; Jennifer Markey, Ph.D.; Jana Rosenbaum, LCSW, CGP; Carol Vaughan, LCSW, CGP, FAGPA; and Robert White, M.D., FAGPA, CGP.

Community Outreach Chair Aaron Fink, MD, FAGPA, CGP, is collaborating with the Houston Independent School District to provide services to its teachers and school counselors. HGPS volunteers, including Nadia Leibovitz, LCSW, and Jay Tarnow, MD, will be leading support groups for the teachers. HGPS will also be teaching a course on group therapy with children and adolescents for the counselors.

Led by **Carol Vaughan**, several HGPS members honored Patricia Barth, Elizabeth Knight, and Jeanne Pasternak, ACSW, CGP, for their many years of leadership in AGPA by donating to name a 2017 AGPA Conference Workshop in their honor. The workshop, *Inspiring Passion for Group Therapy: Imagination and Demonstration*, was presented by Robert Bennett MD, Dale Godby, PhD and Melissa Black, PhD, and others from Southwestern Medical School in Dallas.

Special Interest Groups (SIGs) Chairperson Tom Carter, Ph.D., LPC, CGP, reports that the Jungian SIG, Expressive Arts Therapies SIG, Diversity SIG continue to be active.



HGPS is the organizational and professional voice for the multidisciplinary mental health community trained in the practice of group psychotherapy. While adhering to the highest standards of excellence, HGPS offers unique opportunities for educational growth and for expanding knowledge of the many facets of group psychotherapy from fundamental group concepts to advanced practice skills.